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Interdisciplinary Orthodontics with Clear Aligners!

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Introduction:

- Aligners are a force system, bend aligners like you bend wires.
- Perfect can be the enemy of good.
- Value of Anterior Guidance is to guide mandible into Cr, not out of Cr.

Enhanced Restorative

- Intrude selected/worn teeth to level the gingiva and provide room for restoration.
- Apply adequate attachments and adequate curve of spee correction to open the anterior bite.
- Can intrude selective posterior teeth with aligners due to posterior bite block anchorage.

Enhanced Periodontics

- Use aligners to improve control of selective teeth that should not be moved.
- Buccally displaced teeth can be carefully managed to improve gingival tissues and possibly avoid grafts.
- Reduce dark triangular spaces with carefully executed and planned interproximal reduction.

Enhanced Prosthetics

- Molar uprighting is more predictable and efficient with aligners when planned properly.
- Intrusion of over-erupted posterior teeth is possible with aligners alone.
- When properly planned, aligners can move roots and open spaces between roots for implants.
- Can use implants as anchorage devices with aligners to control entire dental arch movements.



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